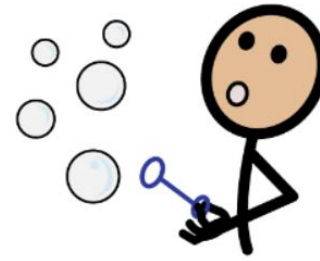


# Calm Down

1. Smell flowers



2. Blow bubbles



3. Count to 10

